

Co-Dependency

Healthy relationships are characterized by inter-dependence, a condition in which each person maintains independence while creating a new “team” identity in the interaction.

The Trinity Model

Triune God: Three Persons (Father, Son, Spirit), always distinct and yet always One.

Holy Matrimony: Three Persons (God, husband, wife), always distinct and yet always one.

Great Group: Individual gifts and strengths combine and complement for maximum effect.

A Root of Rejection

- Character: the demonstration of your personality.
- Mature: perfect, complete, being the same person or character in any situation.
- Rejection: any influence that disrupts character development or its display.
- Recidivism: co-dependency repeated with different players.

The Victim Role: I have no identity of my own and I need others to define it.

- Imprinting and peer pressure
- Needs-based relating (I need you, I want you, I can't live without you)
- Fear of man and search for acceptance
- False humility, idolatry
- Lack of independence

The Villain Role: My identity is all that matters and I need you to support it.

- Narcissism and failure to bond
- Needs-based relating
- Fear of rejection and loss of identity
- False identity, self-worship
- Extreme independence

Prayer Strategy

- The codependent person must receive healing at the individual level
- Codependent relationships require multiple healings
- Pray for the root cause of codependency
 - Lack of maturity
 - Interruption of character development
 - Coping strategies
- Confess and ask for truth to fill in the gaps
- Confirm the true identity
- Consider acts of obedience, ways to activate the true identity

Resolution

Healing prayer removes roadblocks to maturity, such as trauma or other offenses. Mind renewal transforms paradigms that have been built on faulty beliefs. Spiritual transactions release unholy bonds and entanglements. Forgiveness plays an important role in overcoming codependency. For more information on maturity see the Ages and Stages of Development (onlineschoolofprayer.com – 8/26/2020 and 9/2/2020).