

## **Confusion**

A mix of thoughts and ideas that lack clarity or direction.

### **False Identity**

- Immaturity – an inability to know, lack of experience
  - Don't Know vs Can't Know
- Victim Mentality
  - Trauma, especially while young
  - Abandonment, lack of guidance
  - Over-parenting
- Worry, Fear, Anxiety
  - Predicting trouble
  - Questioning

### **Sources**

- Trauma
  - Victimization
  - Interrupting the maturing process
- Abuse
  - Taking control
  - Dependency, Co-Dependent
- Failure to Thrive
  - Lack of Direction
  - Hopelessness
- Spirit of Confusion
  - Legal Ground

### **Prayer Strategy**

- Ask the Lord to identify the root of confusion
- Resolve the conflict
- Forgive and be forgiven
- Confess trust in the Lord
- Ask for guidance
- Give thanks