## **Being Double-minded/Distracted**

**Key Scripture: I Corinthians 2 (verse 16)** 

## James 1:5-8

But if any of you lacks wisdom, let him ask of God, who gives to all men generously and without reproach, and it will be given to him. But let him ask in faith without any doubting, for the one who doubts is like the surf of the sea driven and tossed by the wind. For let not that man expect that he will receive anything from the Lord, being a double-minded man, unstable in all his ways.

#### **Definition:**

Double-minded=dipsuchos=1374=twice+soul mind (doubting, hesitating)

#### Galatians 5:17

For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

•One of the reasons people fail to 'hold ground 'following healing prayer

#### **James 4:8**

Draw near to God and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts, you double-minded.

- •Being double-minded—is a heart issue
- •Idols have the capacity to give direction to our lives
- **Recognizing the schemes/works of the evil one:** A scheme is a large scale systematic plan or arrangement for attaining some particular objective or putting a particular idea into effect.
- 1)**They interrupt** (Neh. 2:19-20, 4:1-8)—to stop the continuous progress of an activity or process; obstruct
- 2)They interfere (Neh.4:9-23)—to prevent a process or activity from continuing or being carried out properly; to take part or intervene in an activity without invitation or necessity; to hinder

## **Distraction:**

#### **Nehemiah 4:9-15**

But we prayed to our God, and because of them we set up a guard against them day and night. Thus in Judah it was said, "The strength of the burden bearers is failing, yet there is much rubbish; and we ourselves are unable to rebuild the wall." And our enemies said, "They will not know or see until we come among them, kill them, and put a stop to the work." And it came about when the Jews who lived near them came and told us ten times, "They will come up against us from every place where you may turn," then I stationed men in the lowest parts of the space behind the wall, the exposed places, and I stationed the people in families with their swords, spears, and bows. When I saw their fear, I rose and spoke to the nobles, the officials, and the rest of the people: "Do no be afraid of them; remember the Lord who is great and awesome, and fight for your brothers, your sons, your daughters, your wives, and your houses." And it happened when our enemies heard that it was known to us, and that God had frustrated their plan, then all of us returned to the wall, each one to his work.

#### Nehemiah 6:1-4

Now it came about when it was reported to Sanballat, Tobiah, to Geshem the Arab, and to the rest of our enemies that I had rebuilt the wall, and that no breach remained in it, although at that time I had not set up the doors in the gates, that Sanballat and Geshem sent a message to me, saying, "Come, let us meet together at Chephirim in the plain of Ono." But they were planning to harm me. So I sent messengers to them, saying, "I am doing a great work and I cannot come down. Why should the work stop while I leave it and come down to you?" And they sent messages to four times in this manner, and I answered them in the same way.

# What is the nature of our enemy? What are his strategies?

Begins with a thought/fiery dart (Ephesians 6:16)
Gets us to meditate on his idea—anxiety/worry (Philippians 4:6-9)
Ideas—when they become familiar—are owned as our own
When we act on what we 'hear'—we keep it (James 1:22-25)
Out of abundance of our heart—mouth speaks

# Fighting a good fight in the 'thought' realm

- Bring thoughts into the light
- Guard the door of your heart—watch over your heart with all diligence
- Be aware of traps
- DiscernmentI Thessalonians 5:21
- Gain maturity
- Bear fruit of His Spirit