

The Four Mirrors

How We See Ourselves:

- My image will reflect: any conclusions I have drawn (based on either truth or deception)
- My image can reflect: any loathing I have received/believed (women/beauty—men/strength)
- My image can reflect: any desires I have operated from and the fruit of those desires
- Our history, family of origin, sibling relationships—all contribute to who we think we are.
- If we have experienced disruption in our primary relationships—we often experience shame, self-deprecation, loathing
- Our inner dialogue can be the loudest, negative counsel we are exposed to—it is relentless in its ability to deplete and discourage
- Psalm 139:1-6,13-18

How Others See us:

- Earliest memories include how we feel and were made to feel in the presence of significant relationships
- We are meant to be nurtured—to receive encouragement, approval and support—life-giving words. Our hearts mature in love when we are in that kind of community environment—state of belonging.
- Others deplete us—suffocating self-worth and well-being.
- Viewing our lives through the lens of others can make us vulnerable to the dialogue and state of mind of the evil one. He is continually looking to steal, kill, and destroy.
- Listening to others, rather than the Lord, left Israel believing a lie and wandering the wilderness for another 40 years.(Numbers 13:30-33)

How God Sees Us:

- With the Eyes and heart of a Father for a beloved child/son, bride.
- In Him (Consider Ephesians)
- It will always be accurate and true. He will not deny us—neither will He flatter us with false words.
- God is the Source of Light and Life. He is unable to communicate falsehood or distortion.
- God's thoughts are higher than our thoughts. (Isaiah 55:8-9)
- Jeremiah 29:11
- Romans 8:28-29
- II Peter 1:3-4

How We See God:

- Pure invitation to fix our eyes upon Him
- First three mirrors—you are the focus
- It is a new stage of maturity to fix our eyes upon Him
- As we consider His likeness/character and His names and promises—it turns our focus heavenward.
- At new birth, we regained our lost spiritual capacities. We can once more navigate the Holy Spiritual realm—having the eye of our heart enlightened.
- It is ill advised to attempt to mirror the Law—the more we attempt to reflect the Law—the more we take on the reflection of the Pharisees.
- Only the mirror of the Holy Spirit can accomplish the transformation of our inner man, that will be reflected through us in an increasing display of His glory. (II Corinthians 3:17-18)