

HEALING PRAYER FOR MIND RENEWAL

1. Pray for a starting point
(Lord, where do You want us to start?)

 - a. Often a conflict or pain
 - b. Spiritual, emotional, physical realms
 - c. Experience the symptoms

2. Identify the primary emotion / behavior

 - a. What are you feeling? or
 - b. What does this make you want to do?
 - c. Acknowledge the pain and response

3. The Belief

 - a. What do you believe to be true that causes you to feel / act this way?
 - b. Pray for the root or cause
(Lord, reveal the source of this belief.)

4. Hear from God

 - a. Auditory (Words or message)
 - b. Visual (Picture, vision, or memory)
 - c. Kinesthetic (Sensation or emotion)
 - d. Inspiration (Intuition or realization)

5. Spiritual Transactions

 - a. Be forgiven and forgive
 - b. Renounce a lie, curse, oath
 - c. Remove other barriers (legal ground)

6. Ask for Truth

 - a. Confess the belief to God
(Lord, what do You want me to know about this belief?)

7. Confirmation

 - a. What does that mean to you?
 - b. Confess and commit to the Truth
 - c. Witness: confirm the Truth
 - d. Deed of repentance: (Did God ask you to do anything?)

8. Check-In

 - a. How does that feel?
 - b. Confession of praise
 - c. Check for peace (If not, return to #2)
 - d. Prayer of gratitude and blessing

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