

## **HYPER-RESPONSIBILITY**

Authority and responsibility must be matched, and good stewardship results when one takes responsibility where authority is given. To take authority where there is no responsibility is abusive. To take responsibility where there is no authority is hyper-responsibility.

### **Symptoms**

- Justice mentality
  - Keeper of the law
  - Definer of the law
  - Avenger of the law
- Control issues
- Co-dependent relationships
- Frustration
- Anger
- Worries and fretting
- Depletion, adrenal fatigue
- Stress-related illnesses
- Judgment or critical spirit

### **Causes**

- First-born syndrome
- Cultural values and expectations
- Abandonment
- Trauma
- Improper assignment
- Leadership void
- Blame
  - Self-assigned
  - Blame shifting

### **Prayer Strategy**

- Discover the source
- Confess hyper-responsibility as sin
- Receive forgiveness
- Release the burden

### **Tools**

- Redeemed character trait (stewardship)
- Redefine relationships
- Gratitude in place of “law”