

Need Based Relating

Description

Relationships based on needs are built on a “give-and-take” worldview. Interactions between individuals are defined by the needs and demands of one placed on another. This relationship creates a dependence that inevitably leads to disappointment.

Symptoms

- Lack: viewing the world as having limited resources.
- Lust: an intense desire or craving, a preoccupation with filling a void.
 - Carnal lust cannot be satisfied and creates its own appetite.
 - Godly desires are satisfied through God’s provision.
- Expectations: insatiable demands for what only God can provide.
- Disappointment: realization that this source does not satisfy.

Personal Conditions

- Scarcity Mentality (There is not enough)
 - Poverty Mentality (I am not worth enough)
 - Orphan mentality (I must provide for myself)
- Codependency (unhealthy dependence on others)
 - “I need you to supply my need.”
 - “I need to supply your need.”
- Jealousy (anger will eventually be the result of unmet expectations)
- Narcissism (lust becomes “consuming” and “exclusive”)
- Serial Relationships (lust transfers unmet demands onto future relationships)

Solution

1. Deny your self (lust) and follow Christ (Mark 8:34-35).
2. Trust God to provide more than enough of what you need.
3. Learn to sacrifice for love’s sake (fasting, tithing, giving, etc.).
4. Adopt a “give and receive” perspective (love based relating).
5. Practice gratitude.
6. Ask God for strategies to realign relationships (or disentangle them).

Prayer Strategy

- Pray for the source or root of the paradigm
- Spiritual transactions (forgiveness, scarcity mentality, etc.)
- Confess complete dependence on God (faith)
- Hold the territory (loving sacrifices and gratitude)