

Paradigm: Core Values

Core values are the ideals and concepts we hold dear, our strongest convictions, and the areas of life we care most about. They make up the foundation of the grid, or paradigm, through which we understand the world around us and by which we are guided in how we feel and act.

1) I observe 2) I interpret 3) I conclude 4) I choose 5) I do 6) I am



The step between interpretation and conclusion happens in a subconscious moment, guided by the values held in our paradigm.

Real or Preferred Values

Addressing the “head-heart” split, the difference between what we believe and what we know.

Values Hierarchy

- Decide For – we have and extend freedom to choose values.
- Debate For – we hold and want to share the values we choose.
- Divide For – we would rather have our values than relationship.
- Die For – we are willing to give up our life for our values.

Sources of Values

- Cultural Influence
- Generational Influence
- Learned values from authority figures
- Learned values from personal experience

Interrogate Values

- Identify the strong core values
- Check for conflict between the paradigm response and Christ-likeness
- Consider the source and level of persistence
- Keep the best and ditch the rest